

Galway Indoor Track & Field, Saturday 9th January 2010

Provisional Order of Events

All times below are provisional and subject to change on the day

Outer Track

Time	Event	Age	
11:00 AM	Relays	U10s,12s,14s,16s,18s,Seniors,11s,13s,15s,17s,19s	All on times
12:30 PM	3000m	Junior/Senior	All on times
01:00 PM			
01:30 PM			
02:00 PM			
Kept free during sprints			
02:30 PM	1k Walk	U14s/older - one race	All on times
02:40 PM	350m	U10s	All on times
02:50 PM	550m	U11s	All on times
03:00 PM	600m	U12s & U13s	All on times
03:20 PM	800m	Seniors down to U14s	All on times
04:00 PM	200m	U16/17 & U18/19/Jun/Sen	All on times

Long Jump

Time	Pit 1 (men/boys)	Pit 2 (women/girls)	Time	Age
Keep free for relays				
11:00 AM			12:30 PM	U12
12:30 PM	U10	U10	12:50 PM	U13
01:00 PM	U11	U11	01:10 PM	U14
01:30 PM	U12	U12	01:30 PM	U15
02:00 PM	U13	U13	01:50 PM	U16/17
02:30 PM	U14	U14	02:10 PM	U18/19/Jun/Sen
03:00 PM	U15	U15		
03:30 PM	U16/17	U16/17		
04:00 PM	U18/19/Jun/Sen	U18/19/Jun/Sen		

Inner Track

Time	Event	Age	
11:00 AM			
11:20 AM			
11:40 AM			
Keep free for high jump			
12:00 PM			
12:20 PM			
01:00 PM	60m	U10s up to Seniors	Heats/finals
02:30 PM	60m hurdles	U13s up to Seniors	Heats/finals

High Jump

Time	Mat 1	Mat 2
11:00 AM	U18/19/Jun/Sen Women/Men	U16/17 Boys
11:20 AM	U15 Girls	U15 Boys
11:40 AM	U14 Girls	U14 Boys
12:00 PM	U13 Girls	U13 Boys
12:20 PM	U12 Girls	U12 Boys

Notes

Under 10/11 athletes can compete in 2 events plus relays
 Under 12 upwards can compete in 3 events plus relays
 Athletes can move up an age group for relays & run 2 relays
 Only 2 can move up per age group
 Under 16 & U17 compete as one age group, except for relays
 Under 18 upwards compete in one age group as seniors, except for relays
 Where 2 age groups are combined the lower height/ weight will be used
 All races except 60m & 60m hurdles will be decided on times if heats are required
 If an athlete does an U10/11 athlete does a 3rd individual event or an older athlete does a 4th individual event, they should remove their number for that event so that judges know not to award a medal.

Age groups

U10 boys/girls
 U11 boys/girls
 U12 boys/girls
 U13 boys/girls
 U14 boys/girls
 U15 boys/girls
 U16/17 boys/girls
 U18/19/jun/sen

Events

60m, 350m, long jump, 4x100m relay
 60m, 550m, long jump, 4x100m relay
 60m, 600m, long jump, high jump, shot, 4x100m
 60m, 60m hurdles, 600m, long jump, high jump, shot, 4x100m
 60m, 60m hurdles, 800m, walk, long jump, high jump, shot, 4x200m
 60m, 60m hurdles, 800m, walk, long jump, high jump, shot, 4x200m
 60m, 60m hurdles, 200m, 800m, walk, long jump, high jump, shot, 4x200m
 60m, 60m hurdles, 200m, 800m, 3000m, walk, long jump, high jump, shot, 4x200m

Officials

Administration: PA+Results: Mary Porter (Cwell); Competition Secretary: Michael Tobin (Cwell)
Check-in: PJ Coyle (GCH), ?? (Cwell)
Inner Track: Starter: ?? (GCH); Finish: Brendan Treacy (Cwell), Brendan Monaghan (Tuam), ?? (Ath), (GCH); Chief Judge: Tom Finnegan (Cwell)
Outer Track: Starter: ?? (GCH); Walks Judge: Alison Finn (Cwell), Timekeeper+Finishers: Brendan Monaghan (Tuam), ?? (Cwell), ?? (GCH), ?? (Ath)
Relay Zones: Long jump officials + sprint finishers
Long Jump Pit 1 (girls): 4 officials who interchange - ?? (Tuam), Pat Reidy (Cwell), Ignatius O'Brien (Ath), Sean Kindregan (Athenry)
Long Jump Pit 2 (boys): 4 officials who interchange - Martin Hynes (Ath), ?? (Cwell), ?? (Cwell), ?? (GCH)
High Jump Mat 1: Dermot McNamara (Ath), ?? (Cwell)
High Jump Mat 2: Diarmuid Quill (Cwell), ?? (Ath)
Shot Putt: Mary Barrett (Lrea)
Track & Field Referee: Dave Evans (Tuam)
Presentation: ?? (Cwell)